

## Take Action. Get Traction!

### Preventing Slip/Fall Injuries in Your Mobile Workforce

#### The Facts

Fall injuries are the number two cause of all workers' compensation claims in the United States. Many of these occur outside on sidewalks, driveways and parking lots. If you have a mobile workforce and live in northern climates or anywhere that experiences freezing rain, you may be feeling the impact of these injuries on your bottom line and with your most valuable resource – your employees.

#### The Problem

Slips, trips and falls can cause devastating traumatic injuries like fractures and head injuries. Preventing these injuries with a mobile workforce can be additionally hard because you can't control the walking surface.

Most commercial and public properties have dedicated crews that sand, salt and clear ice and snow on parking lots, sidewalks and driveways. But there are always days where the best efforts can't keep up with Mother Nature. In addition, your employees may be traveling to a personal residence where homeowners have no hope of keeping up with ice and snow pack due to frequent snowfalls or a long-lasting ice storm.

#### Solutions

If you can't control the ice on sidewalks, driveways and parking lots to prevent falls for your employees, there are still two ways you can we can increase traction and decrease the risk:

1. Provide each employee at risk with a **personal sand shaker**.
2. Provide each employee at risk with removable **ice cleats for their shoes**.

A sand shaker is a sand filled water bottle that the employee keeps in the cup holder in their car. In icy weather, the employee can shake sand onto their walking path to and from a building, making their own traction. Portable ice cleats can be kept in the glove compartment of an employee's car and worn over regular shoes while walking to and from their destination.

Both methods have their pros and cons so we invite you to explore the separate fact sheets on each to help you choose one for your outdoor fall prevention campaign.