



Checklist

Bloodborne Pathogens Self- inspection

This checklist covers regulations issued by OSHA under the general industry standard 29 CFR 1910.1030. It applies to work activities that may result in exposure to blood or other potentially infectious materials.

Exposure Control Plan	YES	NO
<p>Has a written exposure control plan been developed?</p> <p>Note: The exposure control plan must include (a) a list of tasks identified as having a potential for exposure to bloodborne pathogens; (b) methods to protect employees; (c) dates and procedures for providing hepatitis B vaccinations; (d) procedures for post-exposure evaluation and follow-up in case of exposure; (e) content and methods for training employees; and (f) procedures for maintaining records.</p>	<input type="checkbox"/>	<input type="checkbox"/>
Is the written exposure control plan available on request for examination or copying?	<input type="checkbox"/>	<input type="checkbox"/>
Is the written exposure control plan updated yearly?	<input type="checkbox"/>	<input type="checkbox"/>

Engineering and Work Practice Controls	YES	NO
Do employees follow universal precautions to prevent contact with blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
Are engineering and work practice controls implemented before personal protective equipment is used?	<input type="checkbox"/>	<input type="checkbox"/>
Are engineering controls examined and maintained on a regular schedule to ensure their effectiveness?	<input type="checkbox"/>	<input type="checkbox"/>
<p>Are handwashing facilities readily accessible?</p> <p>Note: If providing handwashing facilities is not possible, an appropriate antiseptic hand cleanser and clean cloth, paper towels or antiseptic towelettes may be substituted. When antiseptic hand cleansers or towelettes are used, wash hands with soap and running water as soon as possible.</p>	<input type="checkbox"/>	<input type="checkbox"/>
Do employees wash their hands immediately after removing gloves or other personal protective equipment?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees wash or flush hands or other skin areas with soap and water after contact with blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
<p>Is it prohibited to bend, recap or remove contaminated needles or sharps except as noted below?</p> <p>Note: NIOSH recommends avoiding needle recapping.</p> <p>Note: When no feasible alternatives are available, OSHA permits recapping or needle removal only through the use of a mechanical device or a one-handed technique. Such procedures could involve the one-handed "scoop" technique: using the needle itself to pick up the cap, and pushing cap and sharp together against a hard surface to ensure a tight fit. Or, the sharp might also be recapped by holding the cap with tongs or forceps to place it on the needle.</p>	<input type="checkbox"/>	<input type="checkbox"/>
Can it be ensured that the shearing and breaking of contaminated needles does not occur?	<input type="checkbox"/>	<input type="checkbox"/>
Is it prohibited to eat, drink, smoke, apply cosmetics and handle contact lenses in work areas where the potential exists for exposure to bloodborne pathogens?	<input type="checkbox"/>	<input type="checkbox"/>

Are food and drink prohibited in refrigerators, freezers, shelves or cabinets, or on countertops or benchtops, where blood or other potentially infectious materials are present?	<input type="checkbox"/>	<input type="checkbox"/>
Are tasks involving blood or other potentially infectious materials performed in a way that minimizes splashing and generating droplets of these substances?	<input type="checkbox"/>	<input type="checkbox"/>
Is mouth pipetting and suctioning of blood or other potentially infectious agents prohibited?	<input type="checkbox"/>	<input type="checkbox"/>
Are specimens of blood or other potentially infectious materials placed in an appropriate container that prevents leakage during collection, handling, processing, storage or transport?	<input type="checkbox"/>	<input type="checkbox"/>

Personal Protective Equipment	YES	NO
Is personal protective equipment such as gloves, gowns, laboratory coats, face shields or masks, and eye protection provided free to persons potentially exposed to bloodborne pathogens?	<input type="checkbox"/>	<input type="checkbox"/>
Is personal protective equipment of appropriate sizes readily accessible or issued to all employees?	<input type="checkbox"/>	<input type="checkbox"/>
Are hypoallergenic gloves, glove liners, powderless gloves or other similar alternatives readily accessible to those who are allergic to the gloves normally provided?	<input type="checkbox"/>	<input type="checkbox"/>
Is personal protective equipment repaired or replaced to maintain its effectiveness?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees immediately remove garments that have been penetrated by blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees remove all personal protective equipment before leaving the work area?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees use an appropriately designated area or container for storage, washing, decontamination or disposal of personal protective equipment?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees wear gloves whenever the possibility exists of hand contact with blood or other potentially infectious materials? Note: This includes touching contaminated items or surfaces and persons receiving phlebotomy training.	<input type="checkbox"/>	<input type="checkbox"/>
Are disposable (single-use) gloves replaced as soon as they are contaminated, torn, punctured or otherwise cannot function as a barrier?	<input type="checkbox"/>	<input type="checkbox"/>
Is it prohibited to reuse disposable (single-use) gloves?	<input type="checkbox"/>	<input type="checkbox"/>
Are utility gloves decontaminated and reused only if the integrity of the glove is not compromised?	<input type="checkbox"/>	<input type="checkbox"/>
Do employees wear masks and eye protection devices (such as goggles or glasses with solid side shields or chin-length face shields) whenever splashes or droplets of blood or other potentially infectious materials may be generated and eye, nose or mouth contamination can be reasonably anticipated?	<input type="checkbox"/>	<input type="checkbox"/>
Are gowns, aprons, lab coats, clinic jackets or similar outer garments worn whenever exposure to blood or other potentially infectious materials is anticipated?	<input type="checkbox"/>	<input type="checkbox"/>
Is there a written method of decontamination and schedule for cleaning of all areas and surfaces that may become contaminated with blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
Are all equipment and working surfaces cleaned and decontaminated immediately, or as soon as feasible, after contact with blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
Are protective covers used to cover equipment and surfaces removed and replaced as soon as feasible when they become overtly contaminated? Note: Examples of protective coverings include plastic wrap, aluminum foil or absorbent paper backed with impervious material.	<input type="checkbox"/>	<input type="checkbox"/>
Are all reusable receptacles such as bins, pails and cans that are likely to become contaminated with blood or other potentially infectious materials inspected and decontaminated on a regular schedule?	<input type="checkbox"/>	<input type="checkbox"/>

Are all reusable receptacles such as bins, pails and cans that are likely to become contaminated with blood or other potentially infectious materials cleaned and decontaminated immediately, or as soon as feasible, upon visible contamination?	<input type="checkbox"/>	<input type="checkbox"/>
Is picking up broken contaminated glassware with your hands prohibited?	<input type="checkbox"/>	<input type="checkbox"/>
Is broken contaminated glassware always cleaned up with mechanical means, such as a brush and dustpan, tongs or forceps?	<input type="checkbox"/>	<input type="checkbox"/>
Are contaminated sharps discarded immediately or as soon as feasible into containers?	<input type="checkbox"/>	<input type="checkbox"/>
Are containers used for sharps disposal closable, puncture resistant, leak-proof on sides and bottom and colored red or labeled with a biohazard warning label?	<input type="checkbox"/>	<input type="checkbox"/>
Are containers used for sharps disposal easily accessible and located in the area where sharps are used or can be reasonably anticipated to be found?	<input type="checkbox"/>	<input type="checkbox"/>
Are containers used for sharps disposal maintained upright throughout use?	<input type="checkbox"/>	<input type="checkbox"/>
Are containers used for sharps disposal replaced routinely and not allowed to overfill?	<input type="checkbox"/>	<input type="checkbox"/>
Are sharps containers closed immediately prior to removal or replacement to prevent spillage or protrusion of contents during handling, storage, transport or shipping?	<input type="checkbox"/>	<input type="checkbox"/>
Are sharps containers placed in an appropriate secondary container if leakage is possible?	<input type="checkbox"/>	<input type="checkbox"/>
Are reusable sharps that are contaminated with blood or other potentially infectious materials not stored or processed in a manner that requires a person to reach by hand into the containers where these sharps have been placed?	<input type="checkbox"/>	<input type="checkbox"/>
Are reusable containers not opened, emptied or cleaned manually or in any other manner that might expose a person to the risk of skin puncture?	<input type="checkbox"/>	<input type="checkbox"/>
Is regulated waste, other than sharps, placed into containers which are: <ul style="list-style-type: none"> • Closable? • Constructed to contain all contents and prevent leakage of fluid during handling, storage, transport or shipping? • Labeled with a biohazard warning label or colored red? • Closed prior to removal to prevent spillage or protrusion of contents during handling, storage, transport or shipping? 	<input type="checkbox"/>	<input type="checkbox"/>
Are containers of regulated waste, other than sharps, that have become contaminated on the outside placed into appropriate secondary containers as defined above?	<input type="checkbox"/>	<input type="checkbox"/>
Is contaminated laundry handled as little as possible with a minimum of agitation or movement?	<input type="checkbox"/>	<input type="checkbox"/>
Is contaminated laundry bagged or put into other containers at the location it is used?	<input type="checkbox"/>	<input type="checkbox"/>
Is contaminated laundry placed and transported in bags or containers labeled with the biohazard symbol or colored red?	<input type="checkbox"/>	<input type="checkbox"/>
Is wet contaminated laundry placed and transported in bags or containers that will prevent soak-through and/or leakage of fluids to the exterior?	<input type="checkbox"/>	<input type="checkbox"/>
Do persons who handle contaminated laundry wear protective gloves and other appropriate personal protective equipment?	<input type="checkbox"/>	<input type="checkbox"/>
Are garments that have been penetrated by blood or other potentially infectious materials removed immediately or as soon as possible by the user?	<input type="checkbox"/>	<input type="checkbox"/>
Is the hepatitis B vaccination series made available to all persons who are reasonably anticipated to come in contact with blood or other potentially infectious materials through the performance of their job duties?	<input type="checkbox"/>	<input type="checkbox"/>

Is the hepatitis B vaccination series made available to persons who have received the required bloodborne pathogen training?	<input type="checkbox"/>	<input type="checkbox"/>
Within 10 days of initial assignment, is the hepatitis B vaccination series made available to persons whose job is reasonably anticipated to have contact with blood or other potentially infectious materials?	<input type="checkbox"/>	<input type="checkbox"/>
Have persons who refused to take the hepatitis B vaccination series signed a statement to that effect following the form prescribed by the OSHA standard?	<input type="checkbox"/>	<input type="checkbox"/>
Is a confidential medical evaluation and follow-up made available to an exposed person following a report of an exposure incident? Note: The medical evaluation and follow-up must include documentation of the route(s) of exposure and the circumstances under which the exposure incident occurred; identification and documentation of the source individual unless identification is infeasible or prohibited by state law; the HBV or HIV infectivity of the source individual if it can be legally determined; collection and testing of blood from the exposed individual for HBV and HIV serological status provided consent is given; post-exposure prophylaxis when medically indicated; counseling; evaluation of reported illnesses; and a written opinion from a health care professional.	<input type="checkbox"/>	<input type="checkbox"/>
Are containers of regulated waste labeled with a biohazard warning label? Note: Red bags or red containers may be substituted for a biohazard warning label. Containers include refrigerators and freezers containing blood or other potentially infectious materials, and other containers used to store, transport or ship blood or other potentially infectious materials.	<input type="checkbox"/>	<input type="checkbox"/>
Are individuals who are reasonably anticipated to have contact with blood or other potentially infectious materials in the course of their work provided training on bloodborne pathogens? Note: The training must include an accessible copy of the OSHA standard; a general explanation of the epidemiology and symptoms of bloodborne diseases; an explanation of the modes of transmission of bloodborne pathogens; an explanation of the exposure control plan and how to obtain a copy; an explanation of how to recognize tasks and other activities that may involve exposure to blood and other potentially infectious materials; an explanation of engineering controls, work practice controls and personal protective equipment; information on the hepatitis B vaccine; emergency information and procedures; information on the post-exposure evaluation and follow-up; information on labels and color coding; and an opportunity for interactive questions and answers.	<input type="checkbox"/>	<input type="checkbox"/>
Is bloodborne pathogen training provided before or at the time of initial assignment where contact with blood or other potentially infectious materials is possible?	<input type="checkbox"/>	<input type="checkbox"/>
Is bloodborne pathogen refresher training provided at least annually?	<input type="checkbox"/>	<input type="checkbox"/>
Is additional bloodborne pathogen training provided when changes are instituted that might affect exposure such as modification of tasks or procedures or adoption of new tasks or procedures?	<input type="checkbox"/>	<input type="checkbox"/>
Is the bloodborne pathogen training material appropriate in content and vocabulary to the educational level, literacy and language of people to be trained?	<input type="checkbox"/>	<input type="checkbox"/>
Is the person(s) who conducts the bloodborne pathogen training knowledgeable in the subject matter?	<input type="checkbox"/>	<input type="checkbox"/>
Are accurate medical records maintained regarding hepatitis B vaccinations, examinations, medical testing, follow-up procedures and copies of written opinions given in response to exposure incidents? Note: These records are confidential.	<input type="checkbox"/>	<input type="checkbox"/>
Are training records maintained that show the dates of the training sessions, the contents of the training sessions, the names and qualifications of the person(s) conducting the training and the names of the persons attending the training sessions?	<input type="checkbox"/>	<input type="checkbox"/>

Source: Centers for Disease Control and Prevention